

## 2015-2016 Schedule

Date	Type	Meet
<b>September 2015</b>		
<b>7</b>		<b>Labor Day</b>
11-13		
19-20	<b>VSI</b>	<b>VSI MEETINGS AND SWIMPOSIUM</b>
19-20	Open	TAC, all comers @ ODU
26	Open	QDD @ CPAC, Open Water Pool Event
25-27	Open	LY Season Opener @ Jamerson YMCA
26-27	Closed	ODAC Relay Jamboree and Sprint Invite @ Camp Arrowhead
<b>October 2015</b>		
<b>29-3</b>	<b>USAS</b>	<b>USAS Convention</b>
2-4		
2-4		
9-11	Open	PSDN, all comers, @CSAC
9-10	Open	NOVA, 12 & Younger, @ NAC
10-11	LSC	SEVA, all comers at BMAC
10	Closed	ODAC 8 & Under meet @ Great Bridge
17	LSC	CGBD 8 & Under Top Banana Meet @ Ft. Eustis
17-18	Open	QDD @ CPAC
17-18	Open	RAYS Great Pumpkin Splash, all comers, @CSAC
23-25	Open	NOVA, Halloween Haunt, BB/B/C @ NAC
24-25	Closed	SEVA Senior Quad meet at BMAC
30-1	Closed	NOVA, Senior Classic @ NAC
31-1	Open	TAC, all comers, @ ODU
31-1	Open	STRM @ The Community Pool
<b>November 2015</b>		
6-8	Open	PSDN, all comers, @ CSAC
7-8	Open	PWSC, all comers, @ Freedom Center
7	Closed	ODAC 8 & Under meet @ Great Bridge
11	Open	QDD @ CPAC Distance Meet
14-15	Open	RPST 12 & Younger meet @ St. Michael's High School
13-15	Open	HOKI Thanksgiving Invite @ CAC
13-15	Open	CGBD, all comers, Carl Warner Memorial @ BMAC
14-15	Open	SEVA, 12 & Under Mini Meet @ Ft. Eustis
14-15	Open	WAC Fall Classic, all comers, @ CSAC
14-15	Open	QDD @ CPAC
20-22	Open	SMAC Fall Invite, all comers, @ Waynesboro YMCA
21-22	Open	BASS Turkey Classic @ CSAC
<b>26</b>		<b>Thanksgiving</b>
27-29		
<b>December 2015</b>		
<b>2-5</b>	<b>USA-S</b>	<b>AT&amp;T Short Course National Championships @ Federal Way, WA</b>
4-6	Open	VSTP Icebreaker Invite @ WARF
4-6	Open	NOVA, December Dip, B/C/mini @NAC
5	Closed	ODAC 8 & Under meet @ Great Bridge

<b>9-12</b>	<b>USA-S</b>	<b>Short Course Junior National Championships @ Atlanta, GA</b>
11-13	Open	HOKI Swim and Tri Winter Champs @ CAC
11-13	Open	SEVA 12 & Under BB+ Christmas Champs @ Ft. Eustis
12-13	Open	QDD @ CPAC prelim/finals 11 and older
11-13		
18-20		
<b>25</b>		<b>Christmas</b>
<b>January 2016</b>		
<b>1</b>		<b>New Year's</b>
2-3	Open	TAC, all comers, @ ODU
8-10	Closed	LY YMCA Invitational @ Jamerson YMCA
8-10	Open	NOVA, BB/B/C/mini @NAC
9	Closed	ODAC 8 & Under meet @ Great Bridge
9-10	Open	RAYS, New Years Stinger, all comers, @ CSAC
9-10	Open	QDD @ CPAC
9-10	Open	VAST odd age group meet @ JMU
15-17	Closed	CGBD Tri/Quad meet @ Ft. Eustis
18	Open	QDD @ CPAC, Distance Meet
16-18	Open	PSDN BB+ @ CSAC
23	LSC	CGBD 8 & Under Penguin Plunge @ Ft. Eustis
23-24	Open	WAC Polar Plunge, all comers, @ CSAC
23-24	Open	STRM @ The Community Pool
29-31	Open	NOVA, BB+ @NAC
30-31	Open	QDD IM Double Dual @ CPAC
30-31	Open	BASS Winter Warm Up @ WFS
<b>February 2016</b>		
5-7		
5-7	Closed	ODAC 9-14 year old meet @ Camp Arrowhead
13	Closed	ODAC 8 & Under meet @ Camp Arrowhead
13-14	Central	NOVA, Central District 8 & Under @ NAC
13-14	Open	QDD @ CPAC
15	Open	QDD @ CPAC, Distance Meet
<b>19-21</b>	<b>District</b>	<b>District Championships</b>
	SE	Southeast District Champs (Host: SEVA ; Venue: BMAC )
	C	Central District Champs (Host: NOVA ; Venue: NAC )
	N	North District Champs (Host: RPST @ )
<b>26-28</b>	<b>Region</b>	<b>Region Championships</b>
	TW	Tidewater Region Champs (Host: CGBD ; Venue: BMAC )
	SW & BR	Southwest District/ Blue Ridge Region Champs Combo (CCA/ LY; Venue: CAC)
	NV	Northern Virginia Region Champs (RAYS ; Venue: Freedom Ctr )
<b>March 2016</b>		
<b>3-6</b>	<b>LSC</b>	<b>SC Senior Champs (Host: PSDN Venue: CSAC )</b>
<b>?</b>	<b>NCSA</b>	<b>SC NCSA Jr National Championships (Host: NCSA; Venue: Orlando YMCA)</b>
<b>10-13</b>	<b>LSC</b>	<b>SC Age Group Champs (Host: HOKI Venue: CAC)</b>
19-20	Open	SEVA LC Head Start meet @ BMAC
19-20	Open	QDD @ CPAC

19	Open	BASS Odd Age Group Last Chance Meet
	Open	NOVA, Odd Age Group meet @ NAC
<b>27</b>		<b>EASTER</b>
<b>April 2016</b>		
<b>March 31- Apr 3</b>	<b>EZ</b>	<b>Long Course Sectionals Host: PSDN Venue: CSAC</b>
<b>31-3</b>	<b>EZ</b>	<b>Short Course Sectionals Host: Ithaca College, Ithaca NY</b>
8-10		
15-17	Open	PSDN, all comers, Long Course @ CSAC
<b>23</b>	<b>VSI</b>	<b>VSI AWARDS BANQUET @ KINGS DOMINION</b>
<b>24</b>	<b>VSI</b>	<b>VSI BOD &amp; HOD</b>
29-1	Open	HOKI Long Course Invite @ CAC
30-1	Open	BASS Long Course Invite @ CSAC
<b>May 2016</b>		
5-8	Open	PSDN BB+ Long Course Invite @ CSAC
6-8		
13-15		
21	Open	Ben Hair Open Water Swim @ Lake Anna
20-22	Open	PSDN, all comers, Long Course Invite @ CSAC
27-29		
<b>30</b>		<b>Memorial Day</b>
<b>June 2016</b>		
3-5	Closed	HOKI @ CAC
3-5	Open	STAT, all comers, Long Course Invite @ Embry Mill Aquatic Center
3-5	Open	TAC, all comers, Long Course Spring Luau @ BMAC
10-12		
17-19	Open	PSDN, Long Course Invite, 13 & older BB+, 12 & U no QT
17-19	Open	CGBD, Long Course @ BMAC
17-19		
24-26	Open	SMAC, Long Course @ War Memorial Pool, Waynesboro
24-26		
<b>26-3</b>	<b>USAS</b>	<b>Olympic Trials @ Omaha, NE</b>
<b>July 2016</b>		
1-3		
<b>4</b>		<b>Independence Day</b>
8-10		
<b>15-17</b>	<b>Region</b>	<b>Regional Summer Awards (dates subject to change)</b>
	LSC 2	VSI Regional Summer Awards RAYS @ CSAC
	LSC 3	VSI Regional Summer Awards CCA @ CAC
	LSC 1	VSI Regional Summer Awards SEVA @ BMAC
<b>21-24</b>	<b>LSC</b>	<b>LC Senior Championships (Host: PSDN Venue: CSAC) date may change</b>
<b>28-31</b>	<b>LSC</b>	<b>LC Age Group Championship (Host: HOKI Venue: CAC) date may change</b>
<b>August 2016</b>		
<b>2-6</b>	<b>USAS</b>	<b>US Open</b>
<b>3-6</b>	<b>EZ</b>	<b>Zone Meet hosted by Metro Swimming @ Nassau County Aquatic Ctr</b>
<b>6-13</b>		<b>Olympic Games SWIMMING</b>
<b>9-13</b>	<b>USAS</b>	<b>Speedo Junior Championships @ Minneapolis</b>

<b>21-25</b>		<b>Junior Pan Pacific Championships @ Hawaii</b>
19-21		
26-28		